On August 1 we celebrate the feast of St. Alphonsus, founder of the Redemptorists. Father Seelos was a member of the Congregation founded by St. Alphonsus and his priestly life, though short, was lived scrupulously according to the Rule of this great order. He was a perfect example of the monthly virtues set out by St. Alphonsus and by living a life of holiness as he did, he has left an indelible mark on our parish here in New Orleans, where after only one year of work, he died in 1867 during the yellow fever epidemic.

Josie Becker
ALL THAT I HAVE, I HAVE FROM GOD
(Father Grangell's Monthly Conference)

The Virtue for August: Humility and Meekness
Patron: St. Bartholomew, Apostle
Text: Learn of Me for I am meek and humble of heart. (Matt. 11/29)

Humility is the only virtue in the life of our Lord which He introduces with
the words; Learn of Me! He wishes us to live as He did, meek and humble of heart.
(Matt. 11/20) We ask Him how humble we should be! His answer: "Unless you be-
come as little children, you shall not enter the Kingdom of Heaven. (Matt. 18/3 1/8-
Mark 10/13)

The Little Flower of Jesus studied the mentality of a child, then wrote her
philosophy of "The Little Way."

Humility is truth. St. Paul (1 Cor 4/7) asks: "What have we that we have not
received, and if we have received it, why do we glory as though we have not re-
ceived it?" That's facing the truth. Some have great intellects, much wealth, abil-
ity to lead. Some are admirable professional and business people, top educators.
Do they get on their knees and thank God for what they have!! Some say God has
nothing to do with their success. It was all hard work. I am what I am by my own
efforts! This is the quintessence of PRIDE! It is not the truth.

Humble people pray. They use the words thanks, forgive, pardon, talking
to God and to man. Humble people are never jealous nor envious. They are fast
to praise and congratulate others. They are never sad, morose, dejected when
others are preferred to them. They are not stubborn in their opinions. They put
up with people who are always talking about themselves, their successes. A humble
person makes everybody feel at home with him. Nobody avoids his company. He
knows how to smile and laugh. Father Seelos was the cheerful ascetic, the happy
humble saint.

Are you humble? If you pray, you are. If you go to confession often, you are.
If you go to Holy Mass and Holy Communion, seeking for perpetual help from
God, you are. Of yourself you can do nothing, only by the GRACE OF GOD you
can do all things.

Father Seelos and his community of priests and brothers met every evening
before the Blessed Sacrament for a half hour for meditation. For the greater part
of the year, the meditations were on the Passion of the Most Holy Redeemer, the
humiliations He suffered, the contempt He endured, treated as a criminal, a miser-
able murderer preferred to Him, abandoned by His Father on the cross.

And — the Blessed Mother! She called herself: THE HAND-MAID OF THE
LORD.
SPECIAL LETTERS

Port Arthur, Texas
"I prayed for several things, especially for my grandson to overcome a bad habit and also for myself that my complete physical would come out all right. My physical was O.K. and my grandson is doing fine. Thanks to Father Seelos for his prayers."
L.B.

Memphis, Tenn.
"My little boy had some knots in his legs and on the top of his legs had much pain. I asked Father Seelos to intercede for him. I also asked the Blessed Mother for help. All his tests came back fine. Thanks, Father Seelos."
M.C.

St. Martinville, La.
"I was scared to go to my doctor for a yearly checkup. I prayed to Father Seelos and through his intercession I obtained my favor."
C.B.

New Orleans, La.
"I want to thank Father Seelos. Through his intercession my daughter sold her house."
W.O.

Kenner, La.
"My son was operated on January 16 and I was very worried. Everything came out just great. Many thanks to Father Seelos for his intercession."
V.B.

Pace, Florida
"We were on our way to New Orleans in our truck camper and had car trouble in Ocean Springs, Mississippi. I called for help and was told a filling station was about two miles away. I started to pray to Father Seelos. The back firing stopped and the truck started. We were able to get it temporarily repaired. We were in great danger of fire and were glad to have it repaired. Thanks to Father Seelos. Through his intercession we had a safe trip."
R.A.H.

Gretna, La.
"I prayed to Father Seelos to pass a very important examination. I passed and am grateful that my request was granted. I will spread the word and show my deep faith in the intercession of Father Seelos."
G.G.

New Orleans, La.
"My old job had been phased out and the job I was doing was a very demanding one. I knew I couldn’t continue under all this pressure that the job demanded. I asked Father Seelos please find a job that I could transfer to and be capable to handling. Within two days I was loaned to another department, which assignment lasted for two months. On the weekend of Father Seelos anniversary Mass I was told this job would be permanent."
M.M.
SPECIAL NOTES

Join in the perpetual novena that goes on ceaselessly all day, every day. It originates in the Center. Just say the prayer on the picture card of Father Seelos. Say it often – daily. Pray for yourself, pray for others. Just think 34,000 plus are praying for you – you are praying for them. What holy people we are!!

The President of the Council of Catholic Women paid a great tribute to Father Seelos at their Convention in Savannah, Georgia in May. THANKS! Tell everybody about Father Seelos – to know him is to love him.

The Vatican has announced that Father Joseph Passerat, C.SS.R., a Frenchman, 1858, will be beatified in a short time. He is the Redemptorist who sent Father Seelos, a Bavarian, to the Redemptorists in America. Keep up your prayers. Father Seelos is getting closer to the honor of Canonization.

The month of August begins with the feast of the great St. Alphonsus Liguori, C.SS.R., who founded the Redemptorists in 1732. He called his Order: The Congregation of the Most Holy Redeemer. (Latin: Congregationis Sanctissimi Redemptorist.) Pray for vocations to the Redemptorist Priesthood and Brotherhood. Tell boys and young men who are interested to get in touch with the Center.

If you happen to be the only one at the novena on Sunday at 3:30 or on Wednesday at 4 o’clock for the canonization of Father Seelos and also for your personal requests, say the novena prayers out loud by yourself. It’s a novena by the people, for the people. Don’t be bashful! Just read the card.

Thanks and God bless you for using the gold envelope which you receive monthly to help support the Center.

For Blessings of your sick with the Mission Crucifix of Father Seelos, please call Miss Addie Buhler. 895-6176