



# FATHER SEELOS AND SANCTITY

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## FATHER SEELOS' GREAT, GREAT NEPHEW VISITS CENTER

This is a picture of Walter Appel, great, great nephew of Father Seelos. In July Mr. Appel visited the Father Seelos Center and we took a picture of him under the picture of Father Seelos. We feel there is some resemblance to Father Seelos in this young man — don't you?

We hope this newsletter reaches you before October 1 as we again remind you that our annual Mass commemorating the death of Father Seelos which will be on that date. All of your intentions will be remembered at this Mass even though you may not be able to attend.

Picture prayer cards and other literature about Father Seelos will be available. The CHEERFUL ASCETIC (the life of Father Seelos) by Father Michael Curley, C.S.S.R. will also be available at \$5.95 per copy.

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## MY CONSTANT THOUGHT: GOD LIVES IN ME

(The Monthly Conference of Father Grangell)

The Virtue for October: Recollection and Silence

Patron: St. Simon, the Apostle of Father Seelos

Text: Jesus dismissed the crowd and ascended the mountain alone to pray.  
(Matt. 14/23)

You probably know by heart the prayer on the picture-card of Father Seelos. As you say it, try to recollect yourself for a few seconds to realize what you are saying: Oh, my God, I truly believe you are present with me — I never want to lose You — I want to be another St. Paul: "I live now, not I, Christ liveth in me" (Gal. 2/20) — I want to talk with You all day long, as I walk and as I work, as I laugh and as I cry — my life is "God and I." I will keep the crucifix and same holy pictures around me, to help me be recollected and prayerful.

We are so body-conscious, so busy with work, we forget about God for hours, sometimes for whole days. Right? The way to correct this is to have a Prayer-Order of the day. For a little while every day stop everything on schedule and pray. Try it.

Father Seelos followed a strict daily Prayer-Order. It was not planned by himself. It was his Redemptorist Rule. The entire community of Priests and Brothers dropped everything at given hours of the day and gathered before the Blessed Sacrament in the house chapel to pray. They met four times a day — early morning, at noon, early evening and for Community night prayers. The Blessed Mother was honored in a big way in all these exercises. Her litya was recited twice a day.

Father Seelos saw the need for the Community periods of prayer. Without them the house would be just a hotel or boarding house. With them it was a house of prayer. What is your house?

When Father Seelos heard the big Community bell ring it was the voice of Christ calling His modern Apostles to come and relax with Him. It did not mean regimentation, forced prayer. It was not the same old thing, something monotonous, tedious, routine. Not at all! Perish the thought! It was holy obedience. He worked from the high motive of doing all things to please God. He was not a spiritual pigmy, he was not a mini religious. He was a man of God.

Father Seelos was human. He got tired mentally and physically. At times he did not feel like attending the exercises, but like a saint, he conquered human nature, self-love. He gave God a willing, cheerful service.

You must plan a prayer-day. It would be wholesome if the family prayed as a community. Remember: "The family that prays together, stays together." Deny yourself some TV time and read the Bible, say the Rosary. Love to be alone with God.

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## SPECIAL LETTERS

Baton Rouge, La.

"My six year old son was stricken with seizures. I prayed very hard to Father Seelos and placed a cloth memento in his pocket. Upon visiting the tomb we prayed for a favorable report from the doctor. He was found to have a mild case of epilepsy which can be controlled by medication. He has greatly improved. Thanks to Father Seelos intercession."

R.J.B.

Springfield, Tenn.

"Due to some unexpected events my daughter's car and home had to be sold. Neither was paid for. The car was sold almost immediately but the house was not too easy to sell. She finally had a buyer but the house burned to the ground before the sale went through. It was not known how this happened. Although the house was destroyed, we are grateful to Father Seelos that our only child and her family were saved. Thanks for his prayers."

R.W.

New Orleans, La.

"We have had many favors granted through the intercession of Father Seelos: the return of my son, help for my mother, safe delivery of a baby and a better job for my husband."

L.G.

N. Scituate, R. I.

"Several weeks ago my mother had an operation on her foot for bad circulation. Had it not been successful she could have lost her foot. Thanks to Father Seelos for his intercession."

V.L.

Baton Rouge, La.

"My 17 year old daughter had a brain tumor. It took two operations in less than three weeks to remove it. The cloth memento of Father Seelos was kept under pillow constantly. She is at home and doing fine."

C.T.R.

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October 16 is the feast of St. Gerard Majella, C.S.S.R., the patron saint of expectant mothers and young mothers with infants and growing babies. Write to the Center for his picture, medals and prayers. We are happy to send them to you.

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## SPECIAL NOTES BY F.G.

October is the month of the Holy Rosary. Say it daily — maybe with the family.

Don't forget the Big Anniversary Mass of Father Seelos' death — Sunday, October 1, St. Mary's Church, 11:30 A.M. — venerate the crucifix of Father Seelos after Mass — meet everybody after Mass in Liguori Auditorium over a cup of coffee and do-nuts. Wait till you hear the rejuvenated organ in St. Mary's!!!!

When praying for a favor first of all ask God to give you a great love for Him and for His Blessed Mother and then mention your requests.

A good holy Priest in Seattle, Washington, is going all out to win the Pacific Coast for Father Seelos. Thanks to him for the many new names, addresses, zips, for the Father Seelos Guild. We should call ourselves members of one big, happy, holy family, all working for one end — the canonization of Father Seelos. I do not know of anybody who has ever lost interest in devotion to Father Seelos. It's a life-job. We pray and pray and have others pray constantly. Nobody becomes discouraged, we know God will work a great miracle for the glorification of Father Seelos.

Try to win your STATE for Father Seelos. Use the gold envelope to send us one new name, address, zip for the Guild and FATHER SEELOS AND SANCTITY — one who will be interested.

Carry an uncrocheted memento of Father Seelos in your wallet. Write for some of them.

The greatest gift you can possibly receive daily is to be remembered in a Priest's Holy Mass. You are in ours.

A Catholic Chaplain (Fr. S) of Houston's six largest hospitals, has written for 10,000 laminated picture-cards of Father Seelos for the sick and their visitors. Wonderful enthusiasm! God love him. Reader! Do you know a generous millionaire?

For blessings with the Crucifix of Father Seelos for your sick, please call Miss Addie Buhler, 895-6176.

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Rev. William Grangell, C.S.S.R., Vice-Postulator and Editor; Miss Josie Becker, Associate Editor; Miss Regina Beck and Warren Gautreau, Executive Assistants.